



Lorenzo Cohen, Ph.D.

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Dr. Lorenzo Cohen is Professor and Director of the Integrative Medicine Program at The University of Texas MD Anderson Cancer Center and Distinguished Clinical Professor, Fudan University Cancer Hospital, Shanghai, China. Dr. Cohen is a founding member and past president of the international Society for Integrative Oncology. Dr. Cohen is currently conducting a number of NIH-funded randomized controlled clinical trials examining the biobehavioral effects of contemplative mind-body practices aimed at reducing the negative aspects of cancer treatment and improving quality of life including studies of meditation, Tibetan yoga, Patanjali-based yoga, Tai chi/Qigong, and other behavioral strategies such as stress management, emotional writing, and neurofeedback. He is interested in examining different types of complementary programs that can be easily incorporated into conventional treatment to decrease the psychophysiological consequences associated with treatment and improve outcomes. He is principal investigator of a newly funded phase III clinical trial of yoga for women with breast cancer with colleagues from Bangalore, India and a phase III clinical trial of acupuncture to prevent radiation-induced xerostomia with colleagues from Shanghai, China. Dr. Cohen is also conducting research to demonstrate that lifestyle changes can influence cancer outcomes. Ongoing studies are examining lifestyle changes in the areas of diet/nutrition, physical activity, and stress management/social network to change the risk of developing cancer and influencing outcomes in those with cancer.